

PREPARING FOR YOUR GASTROSCOPY APPOINTMENT

DATE: _____

TIME: _____

DOCTOR: _____

PLEASE DO NOT EAT OR DRINK 8 HOURS PRIOR TO YOUR APPOINTMENT TIME

PLEASE REMEMBER

- 1) **YOU ARE NOT ALLOWED TO DRIVE FOR 24 HOURS OR TO TAKE A TAXI OR PUBLIC TRANSIT ALONE FOLLOWING SEDATION** Arrange for someone to accompany you to and from GHA Surgical Centre. For safety reasons, this person will need to meet you inside the Centre.
- 2) Arrive 30 minutes before your appointment time.
- 3) Bring your Ontario Health Insurance Card.
- 4) Bring a list of current medications.
- 5) Bring juice (Gatorade or Powerade) to drink after the procedure.
- 6) Please be sure to wear loose, comfortable clothing and flat shoes.
- 7) No nail polish or hand cream.
- 8) If you do not speak English, please bring a family member or friend to translate for you.
- 9) If taking daily Aspirin and/or vitamins/minerals, please stop 5 days prior to procedure

****CANCEL OR CHANGE APPOINTMENT**** If you need to cancel or change your appointment date, call the clinic direct at **905-575-5743**. We require three (3) business days notice to cancel or change an appointment or you will be charged \$150.

For more information on your upcoming procedure, please visit our website: www.ghasurgicalcentre.ca/patients